

RECYCLE SORTER!



Squidge & Snap help you estimate how much plastic you use!

Step #1

- 1. Ask everyone at home** to keep all the plastic they use when out and about
- 2. Make sure to rinse all the plastics** and pop it in the recycling – remember things like shampoo bottles are often recyclable too!
- 3. At the end of the week** before bin collection day, go through your recycling box. Make a tally of what you have in there in our super-duper table below
- 4. Done? Great! Use a calculator to multiply this by 52** (the weeks in the year) to get an estimate of how much plastic you use each year. Imagine seeing all that plastic one big pile?!

Step #2 Weekly plastic tally

Plastic drink bottles	Total:	Total x 52:
Plastic food containers	Total:	Total x 52:
Shampoo, shower gel & other bottles	Total:	Total x 52:
Plastic food packaging	Total:	Total x 52:
Total plastic items	Total:	Total x 52:

This is your estimated yearly use – wow!



Step #3

How can you reduce the amount of plastic you use? Write some ideas below...

1. Drink tap water instead of fizzy bottled drinks
2.
3.
4.